

Testimonials

✿ It was about five years ago when I became disabled with acute fibromyalgia and chronic fatigue. It was very extreme. I was weak and lost almost thirty pounds. I was unable to work at my health care career and simple daily tasks became impossible most days.

I began Bowen treatments about two years ago. Initial visits made me more aware that I had become disconnected from my body. As treatments continued once a week, I became more in tune with my body and emotions connected to the chronic pain and fatigue. I was much better able to not only acknowledge and cope with these; in fact Bowen treatments were a catalyst to my ability to once again live a productive, fulfilling life.

I am currently working part-time and am very grateful for all the healing benefits that Bowen has brought to my life

I recommend this holistic healing modality to everyone who would like to better their health and lives.

Pauline Beards, Saskatchewan, Canada

✿ What the Bowen therapy did to my body was fascinating! Actually I was just starting to develop a cold on the day we came to your office. I already felt bad and sick and in addition I told you I had a really bad lower back pain every morning probably from sleeping in the bed at the place we had rented. When I woke up the next morning my cold was gone and my back pain was much better. It is completely gone now (!!!) and I never developed a cold. Isn't that amazing?

So I wanted to thank you from my heart for not only making my immune system stronger and help my back pain get better but also for letting my whole family come to your place that morning. You not only demonstrated the Bowen therapy but talked to us in an enriching and kind way.

Nadja Nold, Family Doctor, Germany